

Twenty/Fifteen Minute Neighbourhoods

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Steady State Manchester

**thriving people
recovering planet**

20/15 Minute Neighbourhoods

- Simple concept: everything you need within a 20/15 minute walk/cycle from home
 - 20 = 10 minutes there and 10 back. 800m maximum distance people say they would walk
 - E.g Portland (boosting prosperity and educational outcomes, and helping to advance health and equity)
 - Melbourne (health)
 - Hamilton NZ (liveability)
 - 15 = 15 mins there and 15 back
 - E.g Paris (reduce pollution and stress, creating socially and economically mixed districts to improve overall quality of life)





Destination and services

- Food retailers and supermarkets
- Education, including early years, primary school and nearby secondary schools
- Health services, such as a pharmacy, GP and dentist
- Financial services, such as post office or bank
- Employment and jobs either within the neighbourhood or nearby
- Public open space, such as parks and recreation grounds
- Entertainment, such as leisure, culture and entertainment facilities.

Transport provision

- Public transport, including access to a regular bus, tram or train service
- Walking and cycling infrastructure
- Walkable access to a local centre
- Designed for low speeds, reduced traffic, and limited car parking.

Inclusivity

- A mix of diverse housing types to suit different life-stages
- Genuinely affordable and social housing present.

<https://www.sustrans.org.uk/our-blog/get-active/2020/in-your-community/what-is-a-20-minute-neighbourhood>



Key lessons from elsewhere

- Top down or bottom up
- Whichever, need strong coalitions and all stakeholders invited in from the start
- Need a persuasive focus and advocacy at local and political levels (eg health, liveability)
- Permeate all decision making – “active by design” – crucial in spatial planning
- COVID experiences help (inequitable access green space, small businesses valued, empty roads)



Challenges

- Vision needs creating and owning (imagine the positive alternative)
- Debate over the need for density
- Concerns over gentrification (adherents stress equity and a mix of housing)
- What is walkability? Appeal, comfort, convenience, safety.
- Identifying the priorities



Questions

- Are there neighbourhoods in Manchester that are (nearly) 20/15 minute Neighbourhoods?
- What is missing from these neighbourhoods?
- A starting point: How walkable is your neighbourhood and what needs to change – see the checklist

https://healthyactivebydesign.com.au/images/uploads/Publications/Community_Walkability_Editable.pdf

